

JACARANDA CITY CHALLENGE

EARLY COMRADES &
TWO OCEANS QUALIFIER

12 OCTOBER 19

1 2 3 4 5 6 7 8 9 10 11 **12** 13 14 15 16
17 18 19 20 21 22 23 24 25 26 27 28 29
30 31

5km
10km
21.1km
42.2km



RULES & GENERAL INFORMATION

ALL ATHLETES

- The time limits for all events will apply as stipulated under Race Information.
- All entrants must be amateurs, as defined under ASA rules, and according to the age restrictions as stipulated under Race Information.
- Marshals and traffic officials must always be obeyed. Failure to comply with their instructions may lead to immediate disqualification.
- NO SECONDING OR VEHICLES ON ROUTES WILL BE ALLOWED**
- All entrants will participate under the rules of AGN and ASA, and it is the athlete's responsibility to familiarise themselves with the rules. It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the events.
- The race committee reserves the right to accept or reject any entry.
- The judge's decision is final.
- Proof of age must be presented on request at the race. This is essential for athletes competing for a category prize.
- Athletes competing for a category prize, must wear official age category ID tags and "W" tags for walkers (front & back of the running vest) and must be clearly visible.
- Regret, but no wheelchair athletes, blade, cyclist or mechanically operated device allowed in the races.
- No animals are allowed in the races.
- No iPods or listening devices allowed in the races.
- Temporary licensed athletes are eligible for open and category prizes, provided they have the age category tag clearly visible back and front of the running vest.

LICENSED ATHLETES

- All entrants for the 10km, 21,1km and 42,2km events must be in possession of a valid 2019 licence number, which must be worn on the front & back of the running vest.
- The race number issued by the organisers must be worn on the front of the running vest without obscuring the provincial licence number.
- Foreign athletes must comply with IAAF Rule 4, par 2 regarding handing over their permits to the organiser.

UNLICENSED ATHLETES

- Unlicensed athletes of the 42,2km, 21,1km and 10km must purchase a temporary license number [cost R40]. This number must be worn on the back of the running vest and the race number issued by the organisers must be worn on the front of the running vest.

AGE CATEGORIES

- (age on day of race)
- Juniors: under 20 yrs
 - Open: All ages
 - Age Group: between 40 and 49 yrs
 - Age Group: between 50 and 59 yrs
 - Age Group: between 60 and 69 yrs
 - Age Group: 70 and 79yrs
 - Age Group: 80yrs and older

RACE TIMING

- A disposable chip will be attached to the 42,2km race number only. **NO CHIP NO RESULTS**
- The 10km & 21,1km will be manually timed.
- All athletes must clearly fill in all detail on the 10km, 21,1km & 42,2km race number tear-off strips to receive results.
- NO TEAR-OFF NO RESULTS**

PRIZE GIVING & LUCKY DRAW PRIZES

This will take place at the venue as stipulated under Race Information

PRIZE MONEY

42,2KM MARATHON (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70 - 79yrs	80+yrs
1	R1500	R1000	R500	R500	R500	R500
2	R1000	R750	-	-	-	-
3	R500	R500	-	-	-	-

21,1KM (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70 - 79yrs	80+yrs	Juniors
1	R1000	R500	R250	R250	R250	R250	R250
2	R500	R300	-	-	-	-	-
3	R300	R200	-	-	-	-	-

10KM (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70 - 79yrs	80+yrs	Juniors
1	R500	R300	R150	R150	R150	R150	R150
2	R200	R150	-	-	-	-	-
3	R100	R100	-	-	-	-	-

WALKERS (MEN & WOMEN)

Position	Open	40 - 49yrs	50 - 59yrs	60 - 69yrs	70 - 79yrs	80+yrs	Juniors
42,2km	R500	R300	R200	R200	R200	R200	N/A
21,1km	R300	R200	R100	R100	R100	R100	R100
10km	R200	R100	R100	R100	R100	R100	R100

RESULTS

Preliminary results will be available 48hrs after the event
Official results will be available five days after the event at www.raceresults.co.za

TOG BAGS

(At owner's risk)
Tog bag facilities available at the venue

PHOTOGRAPHS

Photographs will be taken by Jetline Action Photo, and can be viewed after the event at www.jetlineactionphoto.com

GENERAL INFORMATION

- The Jacaranda City Challenge will be hosted in "The Moot" with its many running friendly, Jacaranda lined streets and Hoërskool Oos-Moot, as the new venue.
- The 42,2km will be a double lap race that includes "quick kilometres" where running/walking will be without strain, a couple of "slow poisons" where athletes will have to keep their focus on the job at hand and short steep climbs that will bring a challenge or two into the experience.
- The 5km and 10km will be fast and cover the "valley" part of the Moot.
- Fast foods and refreshments on sale at the venue.
- Refreshment stations [± 3km] will provide Coke and water sachets.
- Do your bit to ensure that the race is litter free.
- Dispose your water sachets at the recycling bins at the refreshment stations
- Only official and accredited vehicles will be allowed to park at the finish & the club picnic areas
- The entry fee is non-refundable
- Toilet facilities will be available at the venue.
- Medical support will be present on race day at the venue & along routes
- Supervised exciting kiddies entertainment
- Live entertainment

ROUTE & PARKING

[See detail at www.sportsvendo.co.za]

- View the routes, road closures at the Start and FREE venue parking at above website
- Parking for Club Trailers. Entrance to be used is Hertzog & 33rd avenue [from North]
- Delivery times and set-up: Clubs are requested to please set-up on Friday, 11 October and not Saturday morning
- Friday 11, Oct. 12h00 to 18h00 [there will be security]
- Saturday 12 Oct. 03h00 to 05h00 ONLY

MEDALS

	42,2km	21,1km	10km	5km
GOLD				
Category Winners (M & F)	✓	✓	✓	✓
SILVER	First 500	First 500	First 500	N/A
BRONZE	All finishers in sub 5½hrs	All finishers in sub 3hrs	All finishers in sub 2hrs	All finishers in sub 1½ hrs

OTHER INCENTIVES

Fantastic weekend away prizes sponsored by members of the Thabazimbi Tourism Association. Ts & Cs apply.



- Komma Nader Guest House:**
Bushveld breakaway for two persons



- Ben Alberts Lodge:**
Hunting weekend for two persons



- Hardekool Guest House:**
Weekend with two rooms /two persons per room



- Baskloof Luxury Tented Camp:**
Accommodation for two nights for four persons



Visit www.thabazimbi.co.za for more information and Like Discover Thabazimbi facebook page to enter one of the prize draws

EVENT OFFICE FOR RACE ENQUIRIES

Tel: 087 097 0011
Email: data@sportsvendo.co.za
Website: www.sportsvendo.co.za

Race Enquires:
De Wet de Beer: 082 373 3987

Online Entries:
Lindi van Tonder: 063 384 5387 / lindi@timeme.co.za

RACE INFORMATION

DISTANCE	START TIME	CUT-OFF TIME	MINIMUM AGE	PRIZE GIVING
42,2km	05h30	½ way 3hrs 5hrs 30min	20 years	10h00
21,1km	05h30	3hrs	16 years	09h00
10km	06h00	2hrs	14 years	09h00
5km	06h25	2hrs	9 years	09h00

START FINISH VENUE

Hoërskool
Oos-Moot
Haarhoff Street
Villieria

NEW VENUE

ENTRY INFORMATION

ENTRY INSTRUCTIONS

- Only Pre-Entries available for 42,2km. No entries will be accepted after pre-entry closing date or at the venue
- Pre-Entries and Entries at the venue available for 21,1km, 10km and 5km events

PRE-ENTRIES:

- Close 3 October 2019 or when entry capacity reached

ENTRY OPTIONS:

- Online Entries: entries.timeme.co.za
- Paper Entry by Hand Delivery: Refer to listed Hand Delivery Addresses

LATE ENTRIES:

- 10 to 12 October 2019 only at venue – Hoërskool Oos-Moot Villieria
 - Times: 10 and 11 October: Between 11:00 and 18:00
 - Times: 12 October: Between 04:30 and 06:30

IMPORTANT ON RACE DAY:

- Arrive early to park in the FREE dedicated parking at the venue

ENTRY CAPACITY:

- Capped at the first 10,000 entries received
- Entries are limited and capped as follows: (by hand and/or online):
 - 42,2km: First 3 000 received
 - 21,1km: First 3 000 entries received
 - 10km: First 3 000 entries received
 - 5km fun run: First 1000 entries received

EVENT T-SHIRTS: R85,00

- Order your 2019 event t-shirt when entering ONLINE ONLY.
- Limited number t-shirts available [if not sold out] at the venue [Hoërskool Oos-Moot] between 10 - 12 October.

COLLECTING OF RACE NUMBERS:

- Hand delivered entries will receive their race number & temporary licence number (if applicable) immediately upon entering

ONLINE ENTRIES

- Online entries must collect race numbers, temporary licence number [if applicable] & event t-shirt [if ordered] at the venue on the following registration dates:
 - At Venue: Hoërskool Oos Moet, Villieria
 - 10 & 11 October: Between 11:00 and 18:00
 - 12 October: From 04h30 – Note: Entries close 15min before applicable event starting time

HAND DELIVERY ADDRESSES

The following sports stores:

- The Sweat Shop, Dunkeld West Centre – 011 325 2567
- The Sweat Shop: Bedford Arcade, van Buuren Rd, Bedfordview – 011 450 2421
- Run-A-Way Sport: 302 Freesia St, Lynnwood Ridge – 012 361 3733
- Sweat Shop: South Downs Shopping Centre, Centurion – 012 665 0048

Sportsmans Warehouse:

- Atterbury Value Mall – 012 991 4926
- Kolonnade Retail Park – 012 548 5131
- Centurion Value World – 012 665 0768

Gys Pitzer Motors

- 803 Steve Biko Street, Gezina, Pretoria - 012 404 9900
- 125 Stormvoel Road, Lindo Park, Pretoria – 012 800 2373
- Solomon Mahlangu Dr & Bendeman Blvd, Silver Lakes, Pretoria, - 012 941 0191

