# **RULES & GENERAL INFORMATION**

### **ALL ATHLETES**

- The time limits for all events will apply as stipulated under Race Information..
- NO SECONDING OR VEHICLES ON ROUTES WILL BE ALLOWED
- All entrants will participate under the rules of AGN and ASA, and it is the athlete's responsibility to familiarise themselves with the rules. It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the events.
- The race committee reserves the right to accept or reject any entry.
- The judge's decision is final.
- Proof of age must be presented on request at the race. This is essential for athletes competing for a category prize.
- Athletes competing for a category prize, must wear official age category ID tags and "W" tags for walkers (front & back of the running vest) and must be clearly visible.
- Regret, but no wheelchair athletes, blade, cyclist or mechanically operated device allowed in the races.
- No animals are allowed in the races.
- No iPods or listening devices allowed in the races.

#### **LICENSED ATHLETES**

- All entrants for the 10km, 21,1km and 42,2km events must be in possession of a valid 2025 licence number, which must be worn on the front & back of the running vest.
- The race number issued by the organisers must be worn on the front of the running vest without obscuring the provincial licence number. (The race number must not cover the sponsors details on the license number, not necessary for the entire license number to be visible).

#### **UNLICENSED ATHLETES**

- Unlicensed athletes of the 42,2km, 21,1km and 10km must purchase a temporary license number [cost R70]. This number must be worn on the back of the running vest and the race number issued by the organisers must be worn on the front of the running vest.
- International Foreign Athletes must purchase a temporary License Number and must produce clearance from their member federation if are contenders for Prizes.

## AGE CATEGORIES (age on day of race)

- Juniors: under 20 yrs
- Open: All ages
- Age Group: between 40 and 49 yrs
- Age Group: between 50 and 59 yrs
- Age Group: between 60 and 69 yrs
- Age Group: 70yrs+

#### **RACE TIMING**

- A disposable chip will be attached to the race number.
- NO CHIP NO RESULTS (Not for 5km)

### **PRIZE GIVING & LUCKY DRAW PRIZES**

This will take place at the venue as stipulated under Race Information. Prize winners have to be present at prize giving.

#### RESULTS

Preliminary results will be available 48hrs after the event. Official results will be available five days after the event at www.results.finishtime.co.za

### **TOG BAGS**

(At owner's risk)
Tog bag facilities available at the venue.

### **PHOTOGRAPHS**

Photographs will be taken by SMacPix, and can be viewed after the event at www.smacpix.co.za

By entering the event you consent to have event pictures used for marketing purposes.

## **GENERAL INFORMATION**

- The Jacaranda City Challenge will be hosted in "The Moot" with its many running friendly, Jacaranda lined streets and Rietondale Park, as the new venue.
- The 42,2km will be a double lap race that includes "quick kilometres" where running/walking will be without strain, a couple of "slow poisons" where athletes will have to keep their focus on the job at hand and short steep climbs that will bring a challenge or two into the experience.
- Fast foods and refreshments on sale at the venue.
- Refreshment stations [± 3km] will provide Coke and water sachets.
- Dispose your water sachets at the recycling bins at therefreshment stations
- Only official and accredited vehicles will be allowed to park at the finish & the club picnic areas
- The entry fee is non-refundable
- Medical support will be present on race day

## **ROUTE & PARKING**

[See detail at www.sportsvendo.co.za]

- View the routes, road closures at the Start and FREE venue parking at above website
- Delivery times and set-up: Clubs are requested to please set-up on Friday, 07 November and not Saturday morning
- Friday 07, Nov. 12h00 to 18h00 [there will be security]
- Saturday 08 Nov. 03h00 to 05h00 ONLY.