

EVENT OFFICE FOR RACE ENQUIRIES

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ONLINE ENTRIES

www.entryninja.com

Email: derrick@raceresults.co.za

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RACE INFORMATION

DISTANCE	START TIME	MINIMUM AGE	CUT OFF TIMES
42.2km	06h00	20 years	6 Hours
21.1km	06h00	16 years	3 Hours
10km	06h10	14 years	2 Hours
5km	06h20	9 years	None

ENTRY FEE (Pre-entry only for the 42.2km)

DISTANCE	PRE-ENTRY Pre-entry until 21 Oct	ENTRY Entry 22, 23 & 24 Oct
42.2km	R390	Closes on 21 Oct
- Athletes 60 - 79 years	R300	Closes on 21 Oct
21.1km	R280	R300
- Athletes 60 - 79 years	R190	R210
10km	R190	R210
- Athletes 60 - 79 years	R150	R170
5km	R120	R130
Temporary License	R70	R70
Athletes 80+ years	Free	Free
Blind Runners	Free	Free

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