

RULES & GENERAL INFORMATION

ALL ATHLETES

- The time limits for all events will apply as stipulated under Race Information.
- International Foreign Athletes must purchase a temporary License number and must produce clearance from their member federation if are contenders for Prizes.

NO SECONDING OR VEHICLES ON ROUTES WILL BE ALLOWED

- All entrants will participate under the rules of AGN and ASA, and it is the athlete's responsibility to familiarise themselves with the rules. It is the responsibility of each athlete to ensure that he or she is medically fit and healthy to participate in any of the events.
- The race committee reserves the right to accept or reject any entry.
- The judge's decision is final.
- Proof of age must be presented on request at the race. This is essential for athletes competing for a category prize.
- Athletes competing for a category prize, must wear official age category ID tags (front & back of the running vest).
- Walkers have to wear identifying W's clearly visible back and front.
- Regret, but no wheelchair athletes, blade, cyclist or mechanically operated device allowed in the races.
- No animals are allowed in the races. No iPods or listening devices allowed in the races.

LICENSED ATHLETES

- All entrants for the 10km and 21.1km events must be in possession of a valid 2026 licence number, which must be worn on the front & back of the running vest.
- The race number issued by the organisers must be worn on the front of the running vest without obscuring the provincial licence number. (The race number must not cover the sponsors details on the license number, not necessary for the entire license number to be visible).

UNLICENSED ATHLETES

- Unlicensed athletes of the 21.1km and 10km must purchase a temporary license number (cost R70). This number must be worn on the back of the running vest and the race number issued by the organisers must be worn on the front of the running vest.

AGE CATEGORIES (age on day of race)

- Juniors: under 20 yrs
- Open: All ages
- Age Group: between 40 and 49 yrs
- Age Group: between 50 and 59 yrs
- Age Group: between 60 and 69 yrs
- Age Group: 70yrs+

RACE TIMING

A disposable chip will be attached to the race number. **NO CHIP NO RESULTS.**

PRIZE GIVING & LUCKY DRAW PRIZES

This will take place at the venue as stipulated under Race Information.

RESULTS

Preliminary results will be available 48hrs after the event. Official results will be available five days after the event at www.peaktiming.co.za

TOG BAGS (at owner's risk)

Tog bag facilities available at the venue.

PHOTOGRAPHS

- Photographs will be taken by SMacPix, and can be viewed after the event at www.smacpix.com
- By entering the event, participants consent to photographs taken during the event being used for marketing and promotional purposes.

GENERAL INFORMATION

- Lead runners (Position 1 - 3 in the distances of 10km and 21.1km) will be escorted by the Exxaro MTB (Mountain Bikers/Cyclists).
- Fast foods and refreshments on sale at the venue.
- Refreshment stations will provide Coke and water sachets.
- Dispose your water sachets at the recycling bins at the refreshment stations.
- Only official and accredited vehicles will be allowed to park at the finish and the club picnic areas.
- The entry fee is non-refundable.
- Medical support will be present on race day.

ROUTE & PARKING

- See detail at www.sportsvendo.co.za
- **Delivery time and set-up of club gazebos:** Friday, 18 September from 11:00 - 19:00 and not Saturday morning.
- Friday 18 September. 11:00 to 19:00 (there will be security).
- Saturday 19 September. 03:00 to 05:00 ONLY.

www.sportsvendo.co.za

